



**EUROSPIN**  
**VERONA RUN**  
MARATHON 42K | 21K | FAMILY RUN

# USEFUL INFORMATION

**NOVEMBER 17, 2024 / VERONA**

**WE THANK YOU FOR CHOOSING THE EVENTS!**

Here are all the useful info you need to get ready and carefree on race day.

# THANKS!



# EUROSPIN VERONA RUN MARATHON / USEFUL INFO

## MARATHON 42K



November 17, 2024



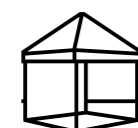
08:30-08:33-08:37-08:40  
AM - Piazzale Olimpia (stadium)



Piazza Bra



6H



PalaOlimpia AGSM Forum  
(Piazzale Atleti Azzurri  
d'Italia)

## HALF 21K



November 17, 2024



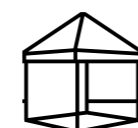
08:30-08:33-08:37-08:40  
AM - Piazzale Olimpia (stadium)



Piazza Bra



3H



PalaOlimpia AGSM Forum  
(Piazzale Atleti Azzurri  
d'Italia)

## FAMILY RUN



November 17, 2024



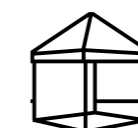
11.00 AM - Piazza  
Pravadal (350 m da P.za Bra)



Piazza Bra



1H30



PalaOlimpia AGSM Forum  
(Piazzale Atleti Azzurri  
d'Italia)

# HOW TO GET AND PARKING



## CAR

Verona can be reached via the A22 Modena-Brennero motorway (Verona Nord exit) or via the Serenissima A4 Milano - Venezia motorway, Verona Sud exit.

### HOW TO REACH THE EXPO AREA?

Follow the signs for "Centro Città - Stadio" using the median ring road NORD

### PARKING LOTS

Close to Stadium there are Parking A-B-C (free parking)  
Other car parks: Cittadella, Tribunal, Centro, Arena, Via Pallone, Station.

(The organization is not liable in any way for damage or theft that may occur).



## CAMPER

Verona can be reached via the A22 Modena-Brennero motorway (Verona Nord exit) or via the Serenissima A4 Milano - Venezia motorway, Verona Sud exit.

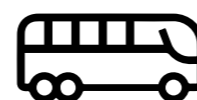
### HOW TO REACH THE EXPO AREA?

Follow the signs for "Centro Città - Stadio" using the median ring road NORD

### PARKING LOTS

In Via G. Dalla Bona - Zona Porta Palio, about 1.4 km from the expo area, there is a equipped camper parking.  
It is also possible to park the camper in car parks number A - B in the area Stadium.

(The organization is not liable in any way for damage or theft that may occur).



## BUS

Verona can be reached via the A22 Modena-Brennero motorway (Verona Nord exit) or via the Serenissima A4 Milano - Venezia motorway, Verona Sud exit.

### HOW TO REACH THE EXPO AREA?

Follow the signs for "Centro Città - Stadio" using the median ring road NORD

### PARKING LOTS

Bus parkings: Stadium, Center, Via Pallone, Station.



## TRAIN

Arrival at Verona Porta Nuova station, about 1.5 km from the expo area and arrival area.



## AIRPLANE

Verona's Valerio Catullo airport is located 12km from the city.

To reach the center of Verona you can use the Verona bus transport service ATVs (about 30 mins)

# EXPO AREA

PalaOlimpia AGSM Forum  
(Piazzale Atleti Azzurri D'Italia)

## AREA EXPO



### VEN 15 NOVEMBRE 2024

Dalle 15.00 alle 20.00


*\*giorno consigliato per evitare affluenza*


### SAB 16 NOVEMBRE 2024

Dalle 10.00 alle 20.00

*\*giorno consigliato per evitare affluenza*

### DOM 17 NOVEMBRE 2024

Dalle 6.30 alle 8.15  

Dalle 6.30 alle 10.00 

### FRI NOVEMBER 15, 2024

From 3.00 PM to 8.00 PM



*\*recommended day to avoid crowds*


### SAT NOVEMBER 16, 2024

From 10.00 AM to 8.00 PM

*\*recommended day to avoid crowds*

### SUN NOVEMBER 17, 2024

From 6.30 AM to 8.15 AM  

From 6.30 AM to 10.00 AM 



# EXPO MAP

- ① EUROSPIN AREA
- ② VERONA RUN EVENTS OFFICIAL MERCHANDISING
- ③ PACER + VOLKSWAGEN
- ④ SIOLS
- ⑤ IO VEDO DI CORSA
- ⑥ BOLOGNA MARATHON 芳
- ⑦ CRETE SENESI ULTRAMARATHON 芳
- ⑧ ADIDAS
- ⑨ SPECIALISTA POINT
- ⑩ HUBBLE
- ⑪ PARMA MARATHON 芳
- ⑫ FONDAZIONE VERONESI
- ⑬ PADOVA MARATHON 芳
- ⑭ HELLAS VERONA F.C.
- ⑮ MAMO EDUCATIONAL
- ⑯ PALMANOVA HALF MARATHON 芳
- ⑰ SARNICO LOVERE RUN 芳
- ⑱ LACOMED SPORT
- ⑲ MONTEFORTIANA 芳
- ⑳ OTSO
- ㉑ 4ENDURANCE
- ㉒ VENICE MARATHON 芳
- ㉓ RONDA DELLA CARITA'
- ㉔ OFFICINALIS
- ㉕ SPORT ENERGIA E+
- ㉖ DAL MAS



# BIB COLLECTION AND RACE GADGET

You can pick up your race bib and race gadget at the expo area at the PalaOlimpia AGSM Forum in Verona (Piazzale Atleti Azzurri D'Italia).

## PICK-UP PROCEDURE

- DOWNLOAD THE CONFIRMATION LETTER from your email (check the spam)
- Present your confirmation letter in digital format when picking up your race bib (no need to print it).

**DIDN'T RECEIVE THE CONFIRMATION LETTER?** Go to the secretariat before collecting your bib

## DOCUMENTS REQUIRED FOR PICK-UP

- CONFIRMATION LETTER (digital format on smartphone, you don't need to print it!)
- IDENTIFICATION DOCUMENT
- Any missing documentation indicated (for non-regular registration)

## PICK-UP WITH DELEGATION

If you are unable to pick up your race bib yourself, you can delegate a friend to do it for you. To do this, you must provide the following documentation in digital format on your smartphone:

- The regular confirmation letter of the delegate
- A copy of the delegate's ID



## IMPORTANT

**Only REGULAR registrants will be accepted on Sunday.** It will not be possible to regularize your registration and it will not be possible to pick up your bib if your registration is not regular.

# THE BIB



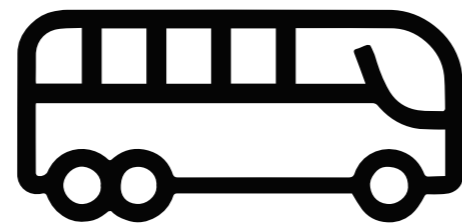
The bib is **PERSONAL** and it is **FORBIDDEN** to give it away or exchange it with other people. It **MUST BE CLEARLY VISIBLE** and the writing, numbers and sponsor logos **CANNOT** be hidden.

**PUNISHMENT: DISQUALIFICATION.**

The bib includes the following information: start time, start grid, bag deposit truck number



# SHUTTLE SERVICE



On Sunday, November 17, a continuous shuttle service will be available connecting the expo area with Piazza Bra and the other way around.

**From 6:30 AM to 3:30 PM**

## STOPS

- EXPO AREA - PalaOlimpia AGSM Forum
- CORSO PORTA NUOVA (500m from Piazza Bra)

### SERVIZIO NAVETTA - FERMATA: CENTRO

SHUTTLE SERVICE - BUS STOP: CITY CENTER



### SERVIZIO NAVETTA - FERMATA: STADIO

SHUTTLE SERVICE - BUS STOP: STADIO



# START AREA 42K - 21K

MARATHON  
**42K**

HALF  
**21K**

## START AREA



# START GRID



To access the grid is required show up 20 minutes early from the departure time for bib check. You can find the starting grid on your bib.

**IMPORTANT:** Athletes who start in grids other than those assigned will not be classified.



		START 08:30	START 08:33	START 08:37	START 08:40	
		TOP RUNNER	GRID B	GRID C	GRID D	GRID E
MARATHON 42K	MAN	under 2.35.00	from 3.00.00 to 3.30.00	from 3.30.01 to 4.00.00	from 4.00.01 to 4.45.00	from 4.45.01 or with out accreditation
	WOMAN	under 2.50.00	under 3.15.01 to 3.45.00	under 3.45.01 to 4.15.00	under 4.15.01 to 4.45.00	from 4.45.01 or with out accreditation
HALF 21K	MAN	under 1.10.00	from 1.25.01 to 1.35.00	from 1.35.01 to 1.45.00	from 1.45.01 to 2.00.00	from 2.00.01 or with out accreditation
	WOMAN	under 1.20.00	under 1.30.01 to 1.40.00	under 1.40.01 to 1.50.00	under 1.50.01 to 2.00.00	from 2.00.01 or with out accreditation

# START AREA FAMILY RUN

**FAMILY RUN** START AREA - 11.00 A.M.

**SERVIZIO NAVETTA**  
SHUTTLE SERVICE

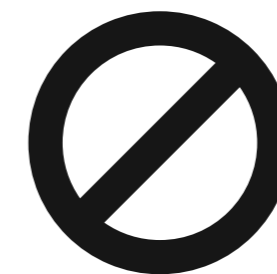
**DEPOSITO BORSE**  
WARDROBE SERVICE

CONSEGNARE LA SACCA CON ADESIVO APPLICATO.  
DELIVER THE BAG WITH THE STICKER APPLIED.

OBBLIGATORIA / ONLY THIS BAG ALLOWED

**PIAZZA PRADAVAL**  
350m. da Piazza Bra - 350m from Piazza Bra

# FINISH AREA



**DO NOT STOP** NEAR THE FINISH LINE



**TAKE THE REFRESHMENT BAG**



**QUICKLY CLEAR THE ARRIVAL AREA TO MAKE ROOM FOR THE OTHER ATHLETES**

# RACE COURSE 42 + 21K



The route is marked by direction and kilometric indications.

Several checkpoints have been set up along the way.

# RACE COURSE FAMILY RUN



# ATTENTION AT THE CROSSROAD

About 20 kilometers into the race, there will be a fork marked with signs.

**Athletes in the 42K** race must take the **LEFT** to turn onto the Ponte Navi and continue the race.

**Athletes in the 21K and FAMILY RUN** races must take the **RIGHT** to continue towards Piazza Bra and finish the race.



**VERONA RUN**  
ITF EVENTS

### ATTENZIONE BIVIO

<b>MARATHON</b> <b>42K</b>	<b>HALF</b> <b>21K</b> <b>FAMILY RUN</b>



# EUROSPIN VERONA RUN MARATHON / USEFUL INFO

## WARDROBE SERVICE

For WARDROBE SERVICE, several trucks will be available, divided according to your race.

### RULES

Insert the material necessary for the end of the race.

- **OTHER BAGS DIFFERENT FROM THE ONE DELIVERED BY THE ORGANIZATION ARE NOT ADMITTED**
- **DO NOT ENTER VALUABLES** (The organization is not liable in case of theft or aggravating circumstances)
- **APPLY THE ADHESIVE STICKER CLEARLY VISIBLE INSIDE THE BAG OF YOUR BIB**



40x60 cm

### ATTENTION:

**IN CASE OF NON-COMPLIANCE WITH THE RULES, THE BAG WILL NOT BE WITHDRAWN**



**TRUCK IN THE STARTING AREA  
IN FRONT OF THE EXPO AREA**

Deliver your bag with the sticker applied to the trucks **by 8.00 AM**. At the end of your race, you will find the trucks in Corso Porta Nuova, a few meters from the finish area.



**TRUCK IN THE STARTING AREA  
IN FRONT OF THE EXPO AREA**

Deliver your bag with the sticker applied to the trucks **by 8.00 AM**. At the end of your race, you will find the trucks in Corso Porta Nuova, a few meters from the finish area.



**TRUCK IN CORSO PORTA NUOVA**

Personal bags with attached stickers  
can be delivered **starting at 10:00 AM**.

# PACER



In collaboration with the group "Pacers gli originali,  
Volunteers of Smiles"  
(sponsored by Volkswagen - Veicoli commerciali)



**PACERS**  
gli ORIGINALI

## THE TASK OF THE PACER

- They accompany the athletes along the route maintaining a constant and homogeneous rhythm
- They help and encourage athletes in difficult times

Recognizable by the "**RED FLAG**" behind their backs, they will be with you to guarantee you an event full of satisfactions



START 08:30 - GRID A  
3H00

START 08:33 - GRID B  
3H00 - 3H10 - 3H20 - 3H30 - 3H40

START 08:37 - GRID C  
3H40 - 3H50 - 4H00

START 08:40 - GRID D  
4H00 - 4H10 - 4H20 - 4H30

START 08:40 - GRID E  
5H00 - 5H30 - 6H00



START 08:30 - GRID A  
1H25 - 1H30

START 08:33 - GRID B  
1H30 - 1H35 - 1H40 - 1H45 - 1H50

START 08:37 - GRID C  
1H50 - 1H55 - 2H00

START 08:40 - GRID D  
2H00 - 2H05 - 2H10 - 2H15

START 08:40 - GRID E  
2H30 - 2H45

# REFRESHMENTS POINTS



- KM 5** - Tables on both sides - Water
- KM 9** - Tables on both sides - Water + supplement
- KM 14** - Tables on both sides - Water + supplement + solid food\*\*
- KM 18** - Tables on the right - Water + supplement + solid food\*\*
- KM 25** - Tables on both sides - Water + supplement + solid food\*\*
- KM 30** - Tables on right side - Water + supplement + gel\*\*
- KM 36** - Tables on both sides - Water + supplement + solid food\*\*
- KM 40** - Tables on both sides - Water + supplement + solid food\*\*
- KM 42** - Final takeaway refreshment\*\*



- KM 5** - Tables on both sides - Water
- KM 9** - Tables on both sides - Water + supplement
- KM 14** - Tables on both sides - Water + supplement + solid food\*\*
- KM 18** - Tables on the right - Water + supplement + solid food\*\*
- KM 21** - Final takeaway refreshment\*\*



There will be a refreshment point along the route and a take-away refreshment point upon at finish area.



\*\*Refreshment station with gluten-free products.  
In collaboration with EUROSPIN



# MAKE A BASKET!



## Help us not to waste plastic!

In all the refreshment areas along the route and in the start/finish area you will find bins marked with "RUNforREUSE" stickers, throw your waste there and contribute to our project **in collaboration with Amia and Nexidia.**

## Be part of the project!



# SHOWER SERVICE - WC



The **SHOWER SERVICE** is available on Sunday inside the expo area, reachable by shuttle service.

**SERVICE IS AVAILABLE UNTIL 4:00 PM**



**WC** will be available at the following locations:

- **START AREA** - Outside the expo area
- **REFRESHMENT POINTS**
- **FINISH AREA** - In Corso Porta Nuova near the bag drop trucks

## TIMING

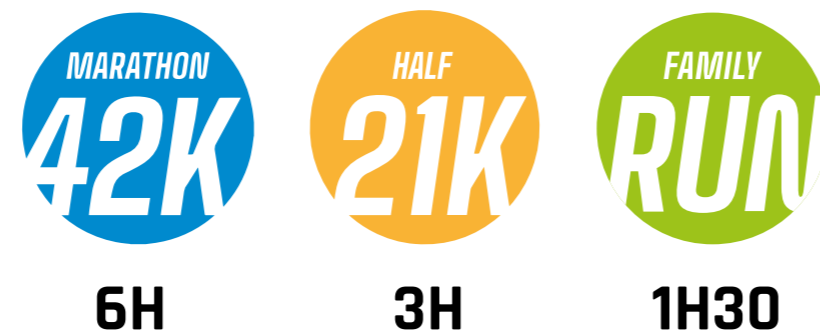


**TIMING SERVICE** will be performed by **EVODATA - Timing&Data Solutions**

The chip it is strictly personal and cannot be entrusted to another athlete.

The chip is disposable.

## TIME LIMIT



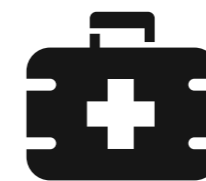
Athletes who run slower and who do not respect the time limit will be required to observe the rules of the road code.

### ATTENTION

A maximum time verification gate will be established.

Athletes registered for the 42km who will not pass through the 20km gate by 11:30 am (and therefore outside the maximum time to finish the marathon distance in 6 hours) will not be able to continue their test and will have to finish the race together with the 21k athletes.

## HEALTH SERVICE



Along the way, assistance will be guaranteed on the basis of the health plan structured by the Italian Red Cross.

## RETIRED ATHLETE SERVICE



For athletes who have to withdraw, "broom" cars are provided, which will accompany the athletes in difficulty up to the finish area.

# RANKINGS AND AWARDS

**RANKINGS** will be drawn up with the detection of the times in gun time by EVODATA. It will be possible to view the classifications on the official Endu.net website at the end of the event.



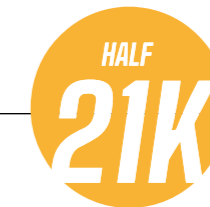
The **AWARDS CEREMONY** will take place on Sunday in Piazza Bra (Finish Area):



**11:30 AM**  
**Absolute and Italian Male Athletes** (1st, 2nd, 3rd Place)  
**12:00 PM**  
**Absolute and Italian Female Athletes** (1st, 2nd, 3rd Place)

**1:00 PM** - Category Awards Ceremony  
Awards for 1st - 2nd - 3rd place - SM/SF  
**35-40-45-50-55-60-65-70-75-80-85**

Awards for 1st place - SM/SF **90-95**



**10:00 AM - MALE/FEMALE ABSOLUTES** (1st - 2nd - 3rd Place)

To collect the prize **show a document** to prove your identity.

**ATTENTION:**

Prizes can only be collected at the time of the award ceremony. In the event of failure to collect the winners, no written or verbal communication will be given. Undelivered prizes will not be shipped to your home.

Cash prizes will be paid exclusively by bank transfer or other so-called traceable method, cash payments are not foreseen.

# PHOTO SERVICE



## Service by Photoday

info@photoday.it  
www.photoday.it



getpica.com

With the **Pica service**, all participants will be able to receive their photos directly on their smartphones, immediately after the race and in full respect of privacy.

## HOW TO DO IT?

- 1 - WEAR YOUR BIB
- 2 - RUN AND SMILE!
- 3 - DOWNLOAD THE PICA APP and enter the code you find on your bib
- 4 - DOWNLOAD YOUR PHOTOS



# MORE THAN RUNNING

## SEGUI LA MUSICA FOLLOW THE MUSIC

LEWI DJ



PIAZZA ARSENALE

DJ SUNDREE



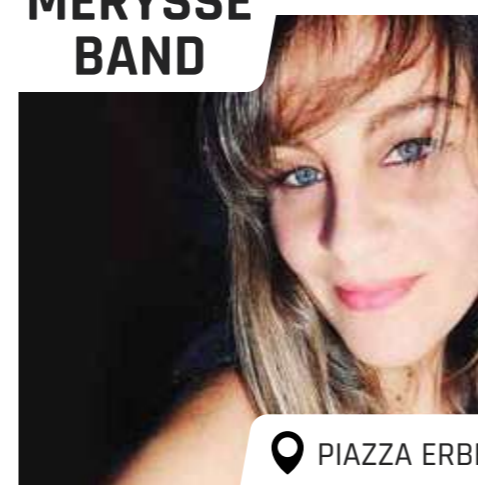
PORTA VESCOVO

DJ ALEX ARMANI



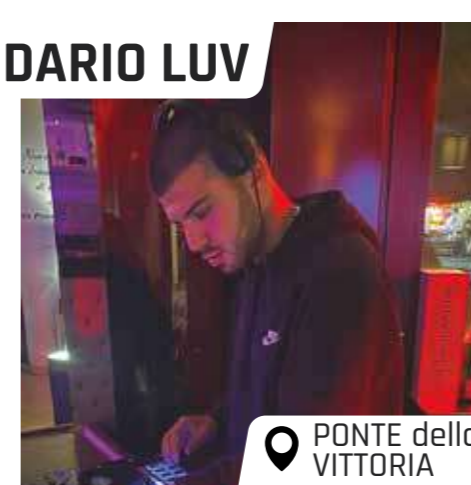
ZONA ARRIVO

MERYSSE BAND



PIAZZA ERBE

DJ DARIO LUV



PONTE della VITTORIA

CARILLON ROCK BAND



PIAZZA BRA

RECHARGE YOUR BATTERIES WITH THE MUSIC STATIONS PLACED ALONG THE RACE!

# WHERE TO EAT

## TASTE VERONA, ONE STEP AT A TIME

Eurospin Verona Run Marathon recommends:

A FEW STEPS FROM  
PIAZZA BRA



Ristorante - Pizzeria  
**S. Matteo Church**

**RISTORANTE SAN MATTEO CHURCH**  
Typical Italian and Veronese cuisine

Vicolo San Matteo, 4 - 37121 Verona

Tel: 045 8004538

A FEW STEPS FROM  
PIAZZA BRA



LA CANONICA  
ristorante

**RISTORANTE LA CANONICA**  
Gourmet cuisine

Vicolo San Matteo, 3 - 37121 Verona

Tel: 045 4732625

SHOW YOUR VOUCHER AT THE CHECKOUT AND GET A  
SPECIAL DISCOUNT



Consegna questo coupon alla cassa per usufruire della promozione (prima di ordinare). È consigliata la prenotazione

In collaboration with



LOLLO'S GROUP  
LA RISTORAZIONE A VERONA

# UN PASSO IN PIÙ

**UN PASSO IN PIU'** in collaborazione con la **Ronda della Carità di Verona**  
Regala una seconda vita alle tue scarpe, **NON BUTTARLE!**

Un tuo gesto può aiutare qualcuno.  
Nei giorni di venerdì 15 e Sabato 16 novembre, all'interno dell'area Expo potrai donare allo stand della Ronda della carità di Verona le tue scarpe usate.

**Le tue scarpe continueranno a correre portando calore e sostegno a chi ne ha bisogno. Portale con te durante il ritiro del tuo pettorale**

**ONE STEP MORE** in collaboration with **Ronda della Carità of Verona**  
Give your shoes a second life, **DON'T THROW THEM AWAY!**

Your gesture can help someone.  
On Friday 15th and Saturday 16th November, you can donate your used shoes to the Ronda della Carità Verona stand at the Expo area.

It's the best feeling!  
**Your shoes will continue to run, bringing warmth and support to those in need. Bring them with you when you pick up your race bib.**



in collaborazione con

**RONDA DELLA CARITÀ**  
VERONA ODV

**UN PASSO IN PIÙ**  
**ONE STEP MORE**

Regala una seconda vita alle tue scarpe,  
**NON BUTTARLE!**

Give your shoes a second life,  
don't throw them away



  **EUROSPIN VERONA RUN**  
MARATHON 42K | 21K | FAMILY RUN

**VERONA | 17 NOV 2024**  
[www.veronarunmarathon.it](http://www.veronarunmarathon.it)

# DON'T MISS YOUR NEXT APPOINTMENTS!



**DECEMBER 15, 2024**



**FEBRUARY 16, 2025**

Discover our events [www.veronarunevents.it](http://www.veronarunevents.it)

# GOOD RUN!